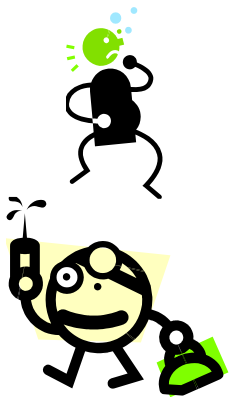


# Seminar on Insulin Resistance & Diabetes



**Jim McAfee, CCN** is a Board Certified Clinical Nutritionist through the International and American Association of Clinical Nutritionists. He is also a member of their Scientific Council. Jim has worked as Director of Nutritional Research for Image Awareness Corporation since 1974. He is author of the book *Your Body's Sign Language: Clues to Nutritional Well-Being*. He has published the Image Awareness Healthletter since the 1980's. Jim has been called the Sherlock Holmes of Nutrition because of his unique insights into the nature of chronic disease and the nutritional aspects of health problems.

What you will learn ~ **Why is everyone developing insulin resistance?**



**What foods help prevent diabetes?**

**What supplements are helpful in preventing diabetes?**

**What are the foods most likely to cause diabetes?**

**What are good sources for diabetic information?**

**Can I ask other questions?...YES Bring your questions!**

**Date: Saturday, March 3, 2018**

**Time: 10:00am ~ 1:00pm**

**Place: Image Awareness, 1271 High Street, Auburn CA 95603**

**Cost: \$5.00 Includes snacks and materials**

**Call for reservations: (530) 823-7092 – Image Awareness**

**Please make a reservation even if you are only thinking of attending.**