

Seminar on Digestion



Jim McAfee, CCN is a Board Certified Clinical Nutritionist through the International and American Association of Clinical Nutritionists. He is also a member of their Scientific Council. Jim has worked as Director of Nutritional Research for Image Awareness Corporation since 1974. He is author of the book *Your Body's Sign Language: Clues to Nutritional Well-Being*. He has published the Image Awareness Healthletter since the 1980's. Jim has been called the Sherlock Holmes of Nutrition because of his unique insights into the nature of chronic disease and the nutritional aspects of health problems.

What you will learn ~ **Why are digestive problems so common?**



What foods improve digestion?

Why is hydrochloric acid crucial for digestion?

What health benefits can be expected from enzymes?

What is the latest on probiotics and prebiotics??

Can I ask other questions?...YES Bring your questions!

Date: Saturday, April 7, 2018

Time: 10:00am ~ 1:00pm

Place: Image Awareness, 1271 High Street, Auburn CA 95603

Cost: \$5.00 Includes snacks and materials

Call for reservations: (530) 823-7092 – Image Awareness

Please make a reservation even if you are only thinking of attending.