

# Press Release

**Contact:**

**Date:**

**Where:**

**Time:**

## **For Immediate Release**

**Headline:** Clinical Nutritionist Speaks on the Body's Sign Language

**Body:**

James W. McAfee, a Certified Clinical Nutritionist, will be speaking locally on the subject of his recently published book. The title of the book is *Your Body's Sign Language: Clues to Nutritional Well-Being*. The book discusses the manner in which nutritional deficiencies or toxic exposures are visually or behaviorally evident through careful observation of the body. The book covers the body from top to bottom discussing different body signs. Each chapter references between 40 and 80 medical sources for the discussions included in the chapter.

The seminar provides numerous illustrations of such body signs as skin tags, a diabetic indicator, and bumps on the skin, which may be an indicator of vitamin C or vitamin A deficiencies. The seminar also discusses the potential significance of silver fillings in the teeth and fluorosis, white chalky spots on the teeth. The seminar includes consideration of the healthy functioning of the brain and nerves with discussions of depression, autism, and loss of a sense of humor, sometimes associated with inadequate intake of the B complex vitamins.

James McAfee has held the position of Director of Nutritional Research for Image Awareness Corporation since 1974. He became a Certified Clinical Nutritionist in 1991. He also holds a degree in theology from Dallas Theological Seminary, where his dissertation was on the subject of fasting. James is a mesmerizing speaker, always on top of the most current nutritional information. He is not only an informative, but also an entertaining presenter. He has been on numerous radio and television shows and has spoken to hundreds of audiences of every description.